

D-C-A

Dance and Cheer-a-ality 22/23 season details



www.dance-and-cheer-a-ality.com
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INTRODUCTION

DCA, established in 2010, offering a variety of Dance, Cheerleading, Acro and Tumble classes from recreational for fun to competitive teams across Locks Heath and Hedge End. We not only hope to progress your child's athletic ability in cheer and dance, but also encourage important life skills such as COMMITMENT, SPORTSMANSHIP, RESPONSIBILITY, RESPECT FOR SELF and OTHERS.

This pack includes all details for recreational and competitive athletes so please read what is relevant for you and your child.

Recreational monthly classes are for fun (non competitive) where members work on skills and learn routines to perform in our local showcase once a year (small commitment fee) and have opportunities to compete in in house exams and perform in the local community. You can join at any time in the year for these classes.

PAYG sessions and holiday camps are additional classes with no monthly commitment to work and develop your skills at times when suit you and your family.

Competitive (monthly) classes for beginners to experienced are more focused on working towards competitions around the UK. Commitment is essential. Tryouts for competition teams take place once a year and then athletes are offered places on a team. You are put into a team based on age and ability. Please note: you have time to think before committing for the season which runs from September to July. Teams are available for 4 years up (pending team selection)

Tryouts for next season for competition teams are Sunday 26th June at our Brookfield School Location and you can book your tryout via our website. Recreational do not need to try out just competitive athletes.





Uniform



After your trial period, all athletes are required to have:
DCA CLUB T SHIRT
BLACK LEOTARD - FOR DANCE/ACRO CLASSES
BLACK SHORTS/ LEGGINGS - ALL CLASSES
JAZZ SHOES OR CHEER TRAINERS

Competition teams in dance and cheer also will need to purchase additional uniforms. (more details for competition teams below)

When we perform our showcase at the Berry Theatre in January 26th/27th 2023 for all members to attend we try to keep costs manageable for recreational members by hiring, borrowing and asking you to provide items with small costs for these items.

Our items for uniform can be purchased via our website and we also have a Facebook uniform swap site where you can sell on items and find some bargains. www.livingcheer.com is our recommendation for cheer trainers

ATTENDANCE POLICY

All DCA classes are team classes and we always aim for full attendance for all our classes but understand things do happen, such as; extreme illness, family bereavement and school exams.

Competition teams do require higher level of commitment and we require all athletes to keep the 2 weeks prior to competitions free for additional training and what we call the red zone period that if you are unable to attend those sessions you may not be able to compete at the competition. Consistent absences may mean if in a competitive team you could lose your place.

INJURIES - if an athlete is injured and preventing them from FULL participation in a session we as coaches must know this in advance via email or a note to your coach. Any accidents, if occur, we will inform the parents and always advise seeking advice from a health practitioner.

Approved absences must be emailed 2 weeks in advance.

Approved absences include- School exams, events, family death. Illness of contagious nature with sick note (or sent home from school)

Unapproved - parties, social events, holidays (in red zone not allowed) time for study, illness if not contagious - you need to come and sit and watch.

For competition teams if you miss 2 lessons unapproved you can lose your space in your team for the upcoming competition.



TIMETABLE AND COST FOR CLASSES



Our timetable and term dates are shown via our website www.dance-and-cheer-a-cality.com. This can change throughout the year so please refer to our website for our most up to date schedule. We are across a variety of locations so there are lots of options to join our classes. If classes are full please add yourself to a waiting list and as soon as a space is free we will reach out to you. Due to us travelling to Florida in May 2023 some classes will run in the Easter break and be paused when we are away for reference.

Fees are paid monthly (11 months of the year - Paused in August) running 36- 40 weekly lessons in the school year and due on the 1st of each month. PAYG and Camps can be booked throughout the year and payment secures your place. Any additional costs throughout the year (show fee, competition entries, spectator ticket for events) will be emailed to be paid with our online payment platform or via our online shop. Notice to leave is required by the 10th of the month to cancel the following month or fees in lieu.

PAYG Sessions are between £5 and £8 a session
Recreational classes - 45 min class - £20 a month

Competitive classes in Dance or Cheer

Competitive classes (including 2 x sprung floor weekend sessions) 1 hour class - £30 a month

Competition classes (including 2 x sprung floor weekend sessions) 2 hrs - £40 a month

Competitive worlds teams (including choreography weekends with external choreographer and 2 x sprung floor training sessions) - 3.5 hrs - £65

additional cross over competitive teams if your child is offered is an additional £20 a month.

(All fees and timetable can be subject to changes)

If one child attends more than 3 classes a week you will receive a 5% discount. We do not offer siblings discount. All costs can be subject to inflation.





COMPETITION TEAM DETAILS

Our 10th anniversary year was a huge success we had lots of awards for all ages and our JUNIOR TEAM are off to compete at the WORLDS in Florida in 2023 !

We offer competition teams in Lyrical dance (10 plus) and cheerleading from 4 years up.

Please complete the google form if interested in tryouts <https://forms.gle/wuWe5M7wxLgSsY7H6> and book your space via the website

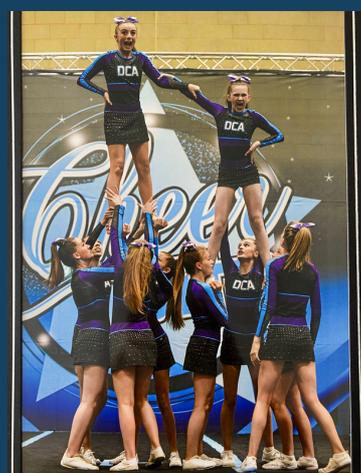
We have a variety of level teams and try to offer everyone a space - depending on age limits and requirements set by the competitive rules

Competitions require commitment not just from athletes but parents as well to be the best we can be.

All members must attend tryouts on June 26th at Brookfield Community School and then soon after you will receive a team placement . You then must pay a commitment fee to confirm your place by September 1st.

World tryouts for any one 11 plus with both walkovers if July 1st and can be booked online.

Once you accept your place we ask you join the DCA competition Facebook group to keep up to date with all information.





2023 SHOWCASE

Performance dates for all members to showcase their talents

2023 Showcase
at the BERRY THEATRE, HEDGE END
weekend of January 28th – 29th 2023 .

We are planning 2 shows this year to make sure all can watch your stars sparkle on stage. Technical practice /photos Saturday 28th from 9:30 –1pm .
(An addiitonal photo portfolio shoot may be confirmed)
Show time 4pm and Sunday 29th Show time 1pm.

Full practice that all must attend is on Sunday 15th January at Brookfield Community school in the gym . Times tbs. Tickets will go on sale via the Berry Theatre at the end of the year for you to purchase.

All members will be invoiced a show fee soon so we can sort costumes and choreography well in advance. It will be a £15 commitment fee per performer for theatre practice, rehearsal and photographer at show. This is non refundable if you leave before the shows. Costumes are hired in and we try to aim for £5 a costume hire fee that is invoiced to you in the autumn term.
All memebrs must have the DCA t shirt and correct footwear for class. All dancers and acro members will also need our DCA black leotard which is also class uniform.





Competition Teams additional information

Dates and competition details as well as performing in the DCA showcase above is required -100% attendance is required for all dates

DATE	LOCATION	COMPETING
SUNDAY 4TH SEPT 10-3PM	BROOKFIELD	WORLDS TEAM CHOREOGRAPHER TRAINING
SUNDAY 23RD OCTOBER	BROOKFIELD	WORLDS TEAM CHOREOGRAPHER TRAINING
10TH DEC TIMES TBC	STORM CHEERLEADING	WORLDS TEAM SHOWCASE ROUTINE FOR JUDGE FEEDBACK
14th January 2023 TIMES TBC PER TEAM BUT BOOKED 9-3PM	STORM CHEERLEADING	ALL TEAMS SPRUNG FLOOR TRAINING
4th/5th Feb 2023	Cheer city competition cheer and dance warwick university	ALL TEAMS COMPETING
18/19th March 2023	Future Cheer competition Crawley	WORLDS TEAM
1st /2nd April 2023	BCA cheer and dance competiton Crawley	ALL TEAMS COMPETING
April 24th -May 9th 2023	Florida - allstar worlds competition and training	WORLDS TEAM
Sat June 3rd TIMES TBC PER TEAM BUT BOOKED 9-3PM	Storm Cheerleading	ALL TEAMS sprung floor training
10th/11th June	ICC Summer Jam Cheer and Dance Guildford	ALL TEAMS



Additional competition costs

Commitment fee due **Sept 1st £20** per athlete to confirm your place.

Cheer competition uniform (not trainers) is £110 for full kit and ordered and payment due **Nov 1st** .
Uniform can be ordered via <https://forms.gle/RS2586Fsi5Kvsrfs8>

Competition entry fees £93 for 3 UK competitions (1 athlete)
Competition entry fees worlds team £137 for 5 UK competitions. (1 athlete)
These can be paid **in full on October 1st**. (with a slight discount)
Or monthly fees from Sept 31st - Dec 31st of £23.75 or £35 a month for worlds teams. You must set up your own payment plan.

If you are in more than 1 team there is crossover discounted entry fees also due of £25 for solos, 2nd team or £30 for stunt team per competition.

BANK DETAILS FOR THE ABOVE TO BE PAID IS VIA
DANCE-A-CALITY
090129
02685346

Spectator tickets for events range in costs and for each event we will inform you how to purchase tickets.

Commitment fees and competition fees are non refundable.

Fundraising

Every year we run a few fundraisers to help with costs for all our shows and competitions.

Please sign up to EASY FUNDRAISING that is a FREE service to help raise funds when you shop online. Every penny helps.

<https://www.easyfundraising.org.uk/causes/danceandcheer-a-cality/>



World's Team fundraising

Help DCA get to the Florida Worlds 2023.

Click the link to donate and see all our additional events planned for the year

<https://gofund.me/3178e48d>

**If you have any questions always
reach out to us or check our FAQ on our website
We are always happy to help**



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